

TOPS Coordinator's Team & Important Dates to Remember

As Field Staff we want to be available for you! Always feel like you can call and if unable to reach us at that time, do leave a message for us (or email us).

Field Staff for Kansas

Kansas Coordinator - 0652

Beverly A. Bednasek
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Phone: 316-755-1055

Kansas Area Captains: Make Chapter Visits, Start New Chapters, hold workshops and Fun Days (Area Recognition Days), assist with State Recognition Days plus assist with Open Houses & Health Fairs & promoting chapter growth and forming new groups in areas. Please assist your Area Captains with funds for gas money when they visit your group.

Area Captains by Kansas Region

East Central Kansas

Teresa Trump-Area Captain
Email: talt87@yahoo.com
Phone: 620-481-6621

North East Kansas

John Matthews
Email: johnm197@aol.com
Phone: 913-724-1454

Sedgwick County

Dinah Wiederstein
Email: ksflower@msn.com
Phone: 316-303-2511

South Central Kan

Monty Bednasek - Area Captain
Email: mbednasek@yahoo.com
Phone: 316-755-1055

Western Kansas

Larry King
785-871--7490
bigbass67642@yahoo.com

So Western & North Central & SE Kansas

Beverly Bednasek - Coordinator
Email: bednasek@networksplus.net
Phone: 316-755-1055
These areas needs Area Captains, we encourage you to check into and become part of the team.

Important Dates

By Laws Review with members and send to Coordinator by email or regular for Approval. End of July.

Election of Officers 2nd week of July

Officers take positions 1st week of August

New for leaders election

Please note that beginning in 2015, there will be a two year term limit for the leader position only. Leaders elected in 2015 will not be able to run for a third term consecutive term in 2017. But, may run again in 2018. See manual page 26 For example, someone elected leader during July 2015 election may only serve in that position until July 2017.

New Officers take positions 1st week of August

Chapter Annual audit (copy to Coordinator) August 15th

Chapter Maintenance Billing Sent in September/October & chapters need to remit upon receipt of billing. Must be paid by 12/31 of each year.

Fun Days (Area Recognition Days) September - 1st part of November
(Awards for weight loss Jan 1 - Aug 31)

Chapter Resume Due to Coordinator by January 8
(recap of chapter weight loss results)

State Recognition Days April 8-9th, 2016
Theme: Weigh Out West with TOPS in Topeka, Kansas

Area Workshops Normally April - June
(Training chapter leadership and members)

Feel free to hold a TOPS area Walk in your area. September is usually a good time. Invite other chapters & friends that are near you. Wear your chapter t-shirts. Don't forget to get a waiver signed by each member and retain at chapter for 5 years.

KOPS, Keeping Off Pounds Sensibly, Societies are available to members in several areas of the state. Members who are KOPS, or within 10 pounds of their goal weight, are encouraged to attend these meetings held normally bi-monthly. For information about one of these, contact your Area Captain or the Coordinator.

Chapter Record Keeping

Financial records should be retained for 7 years.

Secretary minutes should be retained for 2 years.

KOPS duplicate weight charts should be retained for the duration of a member's KOPS status. TOPS and lost status KOPS charts should be retained 2 years.

Meeting our member's Needs-Important to remember: if a member is unable to attend your chapter due to a time/day conflict, the member may transfer to another chapter that can offer a time/day that works for them. If no other chapter is available in your community, your area captain can start another group to meet their needs. It is the responsibility of an Area Captain to start new chapters. *You can help us help others:....* If you have a friend, family member or acquaintance that needs a chapter to attend, do give us a call or email us so we can assist with a group.