

TOPS Area Captain
Donna J. Insley
25883 East Nate's Road
Drummond Island, MI 49726
906-493-6006
donnatopsac@lighthouse.net

January 2012

Dear TOPS Chapter Officers and Members:



January 2012 begins with some very special occasions. TOPS MI 1515, Bark River will celebrate the Silver Anniversary of their TOPS Charter on January 6th and TOPS MI 1239, Lake Linden will celebrate their 35th Anniversary on January 13th. Congratulations!

I congratulate all of you on the progress you have made this year on the TOPS Road to Success. Results of our Area Weight Report Contest indicate we will have some excellent losses for 2011.

Please remember to save the revised TOPS Rules from the center of the December 2011 -January 2012 issue of TOPS News for reference throughout the coming year. Please note KOPS Rules are now included in the TOPS Rules. Also, note changes have been highlighted for you. It is your responsibility to be aware of the rule changes. Extra copies of the TOPS Rules (form L-052) may be printed from the forms section of Leader's Corner at www.tops.org for officers to keep with their chapter records and for anyone who prefers to keep their issues of TOPS News intact.

I would also like all chapters to discuss TOPS President, Barb Cady's column on page 24, explaining TOPS Rule 9,c., to be sure all members understand when and how this rule may be used and the ramifications of using it. I would not want anyone to lose award eligibility or KOPS status because they misused this privilege.

Good Luck to everyone as we continue on the TOPS Road to Success for 2012. Set small easily attainable goals for each month. A long journey broken into short segments is much easier to travel. As you achieve each goal, set the next. Each goal achieved makes the next one easier to reach. Success builds success. Having a friend to share your journey makes an enjoyable trip. Why not invite a friend or relative to visit one of your chapter meetings. When they see how for themselves how much TOPS has to offer in the way of support, they might want to join you on the journey. If we travel together with the support of our TOPS Friends, we can make 2012 a successful year for all our members. Happy traveling.



TOPS Love,
Donna