

CONTEST RULES

GREATEST IMPROVEMENT CONTESTS FOR TOPS AND KOPS

- Open to all members in good standing.
- Judging is done primarily from Before/After pictures submitted by the contestants. Winners are determined on the basis of greatest improvement in appearance as a result of weight loss.
- Entries must be made in either or two divisions according to the age of the contestant. Division I is for those 50 years of age and over. Division 2 is for those under 50 years of age.

KOPS CHARM AND BEAUTY (for Female KOPS only)

- Open to all female KOPS in good standing.
- Judging is done primarily from Before/After pictures submitted by the contestants. Winners are determined on the basis of charming or beautiful appearance as KOPS. Weight loss is not a factor.
- Entries must be made in either or two divisions according to the age of the contestant. Division I is for those 50 years of age and over. Division 2 is for those under 50 years of age.

GENERAL RULES APPLYING TO ALL CONTESTS

- BEFORE picture and measurements must correspond with member's "BEFORE" weight. AFTER picture must be taken within the last 12 months.
- AFTER picture must be of member standing and photographed full-length. The entire body must be shown, head to toe.
- Contestants must include their success story with their entry.
- All entries must be postmarked no later than March 6, 2010.
- Contestants cannot have won previously in the category being submitted here.
- All contestants must have lost their weight in TOPS and be members in good standing of a chartered TOPS chapter.
- Winners will be notified by mail by March 21, 2010.
- Texas TOPS reserves the right to limit the selection of winners to a number commensurate with the number of events.

TEXAS TOPS CONTEST ENTRY FORM FOR RECOGNITION AT SRD APRIL 9-10, 2010

Please complete this form and submit for entry to the state level contests. Only submit if you plan to attend SRD in Wichita Falls, April 17-18.

Deadline – March 6 ,2010
Mail to: KAY BROWN
PO BOX 482
FLORENCE, TX 76527

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Daytime Phone Number _____ Age _____

TOPS Membership Number _____

Chapter: TOPS #TX _____, _____

(include city in which chapter meets)

Please check the category you are submitting this entry for:

- Women's Greatest Improvement – less than 50 years old
- Women's Greatest Improvement – 50 years old and above
- Men's Greatest Improvement
- Women's KOPS Charm and Beauty – less than 50 years old
- Women's KOPS Charm and Beauty – 50 years old and above

Photo and Publicity Release: In consideration of weight loss in TOPS, I do hereby, grant TOPS Club, Inc., its agents and assigns, the right to use pictures, before and after weights, and success story, for any and all purposes including but not limited to publication in TOPS' magazine, TOPS' website, brochures, or other publicity efforts. I also agree that TOPS and its agents and assigns shall not be held responsible for inadvertent errors in connection therewith.

In witness whereof, I hereby set my hand and signature this ____ day of _____, 2010.

Signature _____

