

Clara's Comments



October is gone - - and hopefully, so are all of the goodies that you purchased for the little goblins and monsters who came to your door for Halloween treats. There are zillions of calories just waiting to be consumed from October 31 to December 25, so this is the time of the year to reaaaaaaally be careful about what we put in our mouths. Remember the old saying: **“A moment on the lips, forever on the hips!”** 😊



All of the chapter leaders should have received the mailing from Headquarters with replacement pages for Chapter Manuals; be sure to take out the old pages and replace them with the new ones to keep your manuals current.

In the same envelope is the CHAPTER RESUME which needs to go to your weight recorder for her/his safe keeping until time for the year-end report to be done immediately after the last weigh-in of the year and mailed to your coordinator no later than January 8. **THIS IS VERY IMPORTANT!!** I don't want Kay and Cindy calling me at the end of January telling me that they haven't gotten your Resume - -!! Leaders, you are responsible for seeing that the Resume is mailed on time.



As I said in last month's newsletter, we will be having our quarterly KOPS Honor Society meeting in San Angelo on the 12th of November, so I am looking forward to seeing many of you there. The theme is **“KOPS, OUR SHINING STARS”**.

Clara's Comments

KOPS in the area with anniversaries in November:

Anita Love - TX 111 Odessa – 14 years on 11/12
Peggy Amonette - TX 136 San Angelo – 1 year on 11/4
Johnnie Snider - TX 1139 Midland - 2 years on 11/6
Edith Halliburton - TX 87 Lubbock - 7 years on 11/10
Charlotte Shepard - TX 87 Lubbock - 26 years on 11/26
Jennie Parker – TX 927 Abilene – 4 years on 11/16
Earline Dunn – TX 1764 Colorado City – 4 years on 11/9

NEW KOPS - CONGRATULATIONS

Marguerete Hunter – TX 560 Odessa – 8/15/11
Debby Sandefur – TX 56 Snyder – 9/6/11

Until next month when I visit with you again, may all of your weigh-ins be losses.

TOPS (((HUGS)))☺ TO ALL,

Your Area Captain



Clara
432-694-8643

Clara's Comments

clarag@grandecom.net