

FEBRUARY NEWSLETTER



Brrrr.... its cold all over Texas this first week in February. But the good news is Punxsutawney Phil did NOT see his shadow, SO an early spring for all you butterflies to get those wings fluttering toward your 2011 destinations.

Are you excited about 2011? Have you planned your trip this year with clarity? You still have time, so let's all get on *the road to success!* I am going to love all those Monthly Reports showing weight losses and new KOPS. I KNOW we can reach our destination if we work as a team cheering & guiding each other along the way. I reached my first stop with 13 lbs lost and I CHALLENGE my area to follow me to success with a healthy lifestyle in 2011. Ready...Set...Go.....!

REMINDERS: 2011 Election of Chapter Officers is the first meeting in March. Being a chapter officer can be that next step toward success for many. So take that step and offer help to your chapter. Please return **Officer Chart** (L-001) signed and printed with all the correct information for chapter and officers to Coordinator, Caryl Pfeiffer, 380 Hargrove Lilley Lane, Cleveland, TX 77328-5519.

"Wings of Change" 2011 Texas SRD is April 8-9 in Beaumont., but hope to see many of you there Thursday night too. You know how fast the souvenir room sells out every year so come early. Be sure to return SRD form by deadlines as well.

TOPS President Barb Cady will be speaking about the new 2011-2012 theme "On the Road With TOPS" during the Auditorium Chat on Feb 8th @ 8:00 pm central time. Go to www.tops.org to find the log-in information. There's a new TOPS DVD "It Works" as well as the new theme T-shirts so check them out too.

Chapter News: **Congratulation** to those who received their golden wings or replaced their broken wings during the Holiday Season! **Dec:** TX 1122—Billie Bodine—TX 645—Barbara Booker—TX 1448—Dorothy Whitmire, Betty Nicklas, & Billie Tullos. **Welcome** new members, you made a healthy choice. I am look forward to recognizing your success too. **Congratulation** also to all TOPS & KOPS making healthy choices. Be sure to get your Monthly report in so your Chapter & members are included in the Newsletter.

Smiles (((Hugs)))
Dora Flanigan

P O BOX 1622
Splendora, TX 77372
doraflanigan@yahoo.com

Ph: (281) 399-9109