



MARCH 2011 NEWSLETTER

The March winds are blowing. Butterflies are bursting forth from their cocoons. They flutter their wings and feel the change of transformation. The wind may blow them off course, but the determination to succeed brings them back on the road to success and a bright healthy future. Hope you all join us in celebrating the “**Wings of Change**” in **Beaumont** at the **Texas TOPS 2011 SRD**. Festivities begin **Thursday** night **April 7th** with sessions held **April 8th-9th**. For those wishing to assist during SRD please contact myself, Dora Flanigan or Caryl Pfeiffer and your name will be added to the list of volunteers.

Reminders:

- Please, cancel any rooms you will not be using for SRD. There are several chapters on stand by list for rooms. They would greatly appreciate your efforts to release the unneeded rooms.
- The first meeting of March is the yearly election of officers. The Officers Chart (form L-001) must be completed properly, especially the designate (read directions closely) and sent to Caryl Pfeiffer @ 380 Hargrove Lilley Lane, Cleveland, TX 77328-5519.

Chapter News

January Monthly Best Losers: TX 1065 Jasper, **Tami Read**, 9.25 lbs lost, TX 345 Vidor, **Shirley McLain**, 6.25 lbs lost, TX 999 Orange, **Linda Wells**, 6.25 lbs lost, TX 1486 Spurger, **Christa Hall**, 2.25 lbs lost, TX 1449 Silsbee, **Fran Walters**, 1.75 lbs lost. **February New KOPS: JoAnn Daspit**. Welcome to all new members. Hope to see some of you at SRD and during Chapter visits this year. Congratulation to All for the effort you put towards a healthy lifestyle. Thank you also for spreading the word about TOPS through your Open Houses & Publicity efforts. Remember to smile often its contagious!

Smiles ((Hugs))

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