

AUGUST NEWS 2011

HOT, HOT, HOT, is all I can say for the last month. I hope



You are all drinking your water and taking precautions with this heat, Putting sun screen on and staying indoors if you can.

SRD and IRD are over for the year, Billie Bodine and Karen Norrod are our area King and Queen. They both did a good Job representing Texas at IRD. Look for Billie's story in your Next TOPS magazine.

The King and Queen and the runner ups from IRD lost over 800 pounds, what a great time for them.

The KOPS Honor Society is meeting Aug 27th at Grace Powell's House, your leader should have gotten the letter with directions. If you haven't gotten it , let me know.

I am sending you a monthly chapter report paper I would like For all of you to fill out and send to Kay and I, so we can see How you all doing as a chapter . I would like to report in my newsletters how we are all doing with losses, honoring any new KOPS, games and whatever news you want to pass on. Please make a copy for your records.

Stay cool and have some great losses, until next month.

Your area captain



