

# June 2011 Newsletter

Hello Everyone, summer has certainly arrived and I trust that you are able to keep cool. When walking be sure to walk early mornings or late evenings perhaps you are lucky enough to have an air conditioned building but, when outside be sure to have plenty of drinking water and have rest stops.



I don't know about you all but I am about ready to do a rain dance, our tomato plants have their tongues hanging out and I am looking forward to that juicy vegetable or is it a fruit??? Humm!!!

I heard from six chapters who sent in their Chapters Monthly Best Losers for April thanks for taking the time to send them in.



# TX 1881, Crockett, Monthly Best Loser was Dellah DeBolt with a loss of 4 #. They also had a no- gain meeting on 4/8/11



# TX 823, The Woodlands, Monthly Best Loser was Judy Atkinson with a loss of 4 #



# TX 1766, Lovelady, Monthly Best Loser was Thressa Jacobs with a loss of 5.75 #



# TX 1790. Trinity, Monthly Best Loser was Ann Pearse with a loss of 7.25 #



# TX 1522, New Caney, Monthly Best Loser was Robert Slayton with a loss of 8.25 #



# TX 1836, Huntsville, Monthly Best Loser was Laura Smallets with a loss of 8.25 #

Keep up those GREAT loses....

I will be leaving for IRD in Milwaukee on July 5<sup>th</sup> and returning on July 10<sup>th</sup>. Please hold your calls until I return as my Grandsons are not very reliable secretaries. I'm sure I will see some of you there and looking forward to getting a hug.



Area Captain  
Jan Scharnhorst  
1400 Hwy 150  
Coldspring, TX 77331  
936-653-3434  
jscharnhorst@gmail.com

Hugs, Jan

