

NEWSLETTER

April 2011 - Mid-Coast Area of the TOPS Gulf Coast
Kathie Sweeten, TOPS Area Captain #6054

SRD 2011

WOW!! What else can I say about it? Butterflies were fluttering everywhere. I was very excited to see many of our area chapters represented at SRD this year. A Big Highlight for us was our very own Tommie Darden from TX 13 Texas City winning 2nd place Greatest Improvement for over 50 and being recognized as the 2010 State Queen Runner-Up. Also from our area, unable to attend, was Dolores Perrin from TX 1237 Santa Fe winning 2nd place state level for Division 9. Congratulations to these two beautiful ladies.

Our New State King and Queen is Billy Bodine from TX 1122 Cleveland and Karen Norrod from TX 1066 Round Rock. They will represent Texas at IRD in July.

2010 Fabulous Figures

Great News! TOPS Members lost a total of 871,266 (436 tons) in 2010. The average loss per chapter was 100 pounds. This was 3.1% better than 2009.

The Best Average Weight Loss Award for Texas went to TX 1456 Hondo. They had an average weight loss per member of 21.36 pounds for 2010. That was fantastic.

New TOPS Theme T-Shirt

The TOPS new theme for 2011 & 2012 is "The Road to Success" and the new T-Shirt is available. What a great way to show that you are "On the Road" and focused on success. Order form was in the March issue of TOPS News and it is also available in the TOPS Store on the tops.org website.

New Chapter Officers

By now your new 2011 Chapter Officers and newly appointed positions should be settling in. Remember to give your support to these gracious members. Also remember that I am always available to all members if you need anything. Just call or email me.

phone: 830-931-2972 / 210-415-6057 or email: kathiesweeten@sbcglobal.net

Dates to Remember

2011 Area Rally – Sept. 17 in Santa Fe

Theme: To be Announced

2011 IRD – July 7-9 in Milwaukee, WI

Theme: Happy Days With TOPS

2012 SRD – April 13-14 in Addison

Intercontinental Hotel

Theme: InVEST in TOPS

**TOPS Love, Kathie Sweeten
Area Captain #6054**