

NEWSLETTER

October 2011 - Mid-Coast Area of the TOPS Gulf Coast
Kathie Sweeten, TOPS Area Captain #6054

Chapter Visits

What a great week I had making Chapter visits and seeing so many TOPS members. I hope everyone enjoyed the 2011 Area Captain Program that TOPS put together for us to present to our chapters. I think this was one of the best that I have had the opportunity to do. So remember the "Super Foods" list when making out your shopping list and don't forget to look for different colors and enjoy that 1 ounce of dark chocolate each day. Yum, yum.

Fall Rally

What a day!! First a BIG THANKS to TX 1237 Santa Fe for hosting and doing such a great job. The lunch and snacks were super and the decorations were fantastic. I loved the jerseys hanging down the center of the room. Also, thanks to all the chapters who had members attending and for participating in the Sports Cap decorating contest. I know everyone really enjoyed getting to meet and visit with our new Coordinator Kay Brown. Her presentation for us was awesome. Also thanks to my friend and Area Captain of Harris County, Bridget Gay, who did the flowers and helped me tremendously. Also for doing the skit "Who's the New KOPS" with me. I hope most everyone realized that it was a play on the old Abbott and Costello skit, "Who's on First", staying with our sports theme. Then if anyone is curious, Kay is not a "millionaire" from the raffle win of the scratch offs. She won 54 dollars. Also another thanks to our other guests, Grace Powell, Area Captain from the Austin Area, George and Kathy Hughes from TX 1938 Kingwood and Donna and Billy Bodine from TX 1122 Cleveland. It was a really great surprise when our current State King arrived.

Chapter Bear Incentive / Contest

I hope everyone is getting ready to start the Chapter Bear Incentive / Contest. Also working on a name and deciding it's gender. I really want all the chapters to have fun with this and be ready and willing to take the Bear home when it needs a home for the week. Remember the song "The More We Get Together", in the song there is a line that states: "your loss is my loss and my loss is your loss". Well this is exactly what happens with the Bear when you take it home for the week. Let me hear about the names and some stories.

Dates to Remember

2012 SRD – April 13-14 in Addison
Intercontinental Hotel

Theme: InVest in TOPS

2012 IRD – July 5-7 in San Diego, CA
Theme: California Dreamin'

**TOPS Love, Kathie Sweeten
Area Captain #6054**

